



**April 1–3,
2016**

**Course Descriptions and
Registration Forms**

See form 1

**for payment information
and to register for BOW**

**Neal's Lodges
Concan, Texas**



Life's better outside.®

www.tpwd.texas.gov/learning/bow

Becoming an Outdoors-Woman

April 1–3, 2016

For this BOW, there will be NO REFUNDS. Make sure you can attend if you pay!

Becoming an Outdoors-Woman is a three-day weekend workshop designed for women. It is an opportunity for any female 18 years or older to learn new outdoor skills—skills not only associated with hunting and fishing, but also useful for many other outdoor pursuits. This workshop is for you if ...

- *you have never tried these activities but have hoped for an opportunity to learn*
- *you are a beginner who hopes to improve your skills*
- *you do some of these activities but would like to try your hand at some new ones*
- *you are just looking for the camaraderie of like-minded individuals*

Agenda	The Basics
FRIDAY 10 a.m. – Registration, Check-in 11:15 a.m. – Introduction, Welcome Noon – Lunch 1:30 p.m. – SESSION I 5 p.m. – Free Time 5:30 p.m. – Supper 6:30 p.m. – Evening Activities	YOUR PAYMENT confirms your spot in the workshop. YOUR REGISTRATION paperwork confirms your classes. Send in your paperwork IMMEDIATELY AFTER PAYMENT! Do not wait – you may not get the classes you want.
SATURDAY 7 a.m. – Breakfast 8 a.m. – SESSION II Noon – Lunch 1 p.m. – Free Time 2 p.m. – SESSION III 5:30 p.m. – Free Time 6 p.m. – Supper 7:30 p.m. – Evening Activities	THERE ARE 4 SESSIONS: Session I – Friday afternoon Session II – Saturday morning Session III – Saturday afternoon Session IV – Sunday morning All courses are filled on a first-come, first-served basis, in the order properly completed registration forms are received. For questions, please contact Heidi Rao at (713) 829-1377 or heidi.rao@tpwd.texas.gov Please return documents 1 through 7 (numbered on the top right corner) following the instructions on document 1 . You will have an opportunity to change your classes based on availability on Friday evening ONLY . You MUST attend your Session I selection.
SUNDAY 7 a.m. – Breakfast 8 a.m. – Wrap-up and Goodbyes 8:30 a.m. – SESSION IV Noon – Depart	WE HIGHLY RECOMMEND YOU BRING water bottles • camp chairs • flashlight

Workshop Location and Notes

Neal's Lodges – nealslodges.com 20970 Hwy 127, Concan, TX 78838

Enrollment Limit

Workshop enrollment will be limited to 120 participants, **so register early**. For an explanation of our enrollment policy, please refer to the registration form in this packet.

Cost

The cost of the program is \$225 + tax on lodging. The workshop fee includes instruction, program materials, use of demonstration equipment, meals and lodging, and evening programs.

No Refunds

There will be no refunds for this BOW weekend. If you must cancel, your spot will be offered to the next person on the waiting list. Please contact **friendsofbowtx@yahoo.com** for any registration changes. There will be no changes 7 days prior to BOW.

Scholarships

A limited amount of funds are available for scholarships. You would be required to pay \$115. Preference will be given to full-time students and persons from low-income, single-parent households. A scholarship will only be awarded once per individual. Please send a letter addressing the following with the completed registration form.

- *Why would I like to attend a BOW workshop?*
- *What benefits I hope to achieve from attending?*
- *I plan to pursue and develop my outdoor experiences through...*
- *Have I been to a BOW workshop before?*

Equipment

Demonstration equipment will be provided by the program. Feel free to bring your own fishing and archery gear, and any other equipment. Please read each class description for details relating to that event.

Special Needs

If you have special needs that require assistance, please **indicate** so on the registration form and we will try to **accommodate** them.

What to Bring

Classes are **outdoors and hands-on**. Tennis shoes or hiking boots are **appropriate**. Long pants are encouraged to protect you **against brush** and insects. You should also bring **rain gear**, insect repellent, shoes you can get wet and soiled, sunscreen, a water bottle, sunglasses, hat, alarm clock, camera, and a flashlight. **Linens are provided**. Bring towels and toiletries. **Water bottles and lawn chairs are highly recommended**.

Closed-toed Shoes Required for Water Classes

If you take or switch into ANY water classes, you **MUST** have closed-toed water shoes.

No bare feet or sandals.



Life's better outside.®

PWD BR K0700-666 (2/16)

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TPWD receives funds from the USFWS. TPWD prohibits discrimination on the basis of race, color, religion, national origin, disability, age, and gender, pursuant to state and federal law. To request an accommodation or obtain information in an alternative format, please contact TPWD on a Text Telephone (TDD) at (512) 389-8915 or by Relay Texas at 7-1-1 or (800) 735-2989. If you believe you have been discriminated against by TPWD, please contact TPWD or the U.S. Fish and Wildlife Service, Office for Diversity and Workforce Management, 5275 Leesburg Pike, Falls Church, VA 22041.

SATURDAY AUCTIONS AND ACTIVITIES



Mountain Sports is furnishing an Orion 65 cooler for raffle at this workshop. Made in the USA, this premium cooler will keep contents cool for days. Value: \$500

INFLATABLE PADDLEBOARD

Furnished by SouthWest PaddleSports
Value: \$1000



As a fund raiser for TPWD's BOW program, a silent and possibly a live auction will be held at the spring workshop. You are encouraged to donate items which would appeal to participants and incite a bidding frenzy! Often we receive items related to the outdoors, but know that diverse items are welcome. Previously popular pieces have included artwork, fashion accessories, gift baskets, cook books, handcrafts, clothing ... you get the idea! Please turn in your donation at check-in on Friday. If we have enough participation, we may continue our evening with a live auction moderated by a talented auctioneer (if he comes!!) – so consider your donations here as well! In the past, we have received kayaks, hunts, membership packages, binoculars and lenses, backpacks, etc. and have raised money for equipment, supplies, and mostly, to continue the mission of the BOW program. Thank you in advance for a great event! **We can accept cash, check or credit for this BOW auction.**

Fun Time

We will continue our celebration with a variety of outdoor activities for you to choose from. We will offer more stargazing, owl calling, sounds of the night, more campfires, s'mores, and whatever else we can think of to ensure a memorable weekend for all participants!

OPTIONAL OUTINGS

OPTIONAL SUNDAY AFTERNOON MINI FIELD VISIT

Immediately following the completion of Session IV on Sunday, participants are invited to join the geology instructors for a mini field visit around Concan. Points of interest will include river geology and an abundance of fossils in the shallow river. Estimated instructor accompanied time around Neal's Lodge will be 30 minutes, though participants may head home at any time. Participants are **NOT** required to have taken "Geology Basics" at this or a previous BOW workshop to attend this field trip. Light hiking shoes or water shoes recommended. Field trip may be canceled due to unforeseen inclement weather that may endanger participants, and will be up to the discretion of the instructors, BOW organizers, and Concan staff.

OPTIONAL SUNDAY AFTERNOON HIKE AT LOST MAPLES STATE NATURAL AREA

Calling all geology enthusiasts and naturalists alike! Immediately following the completion of the mini field visit on Sunday, participants are invited to join the geology instructors for a nature hike at Lost Maples State Natural Area in a small canyon to see maple trees that are remnants of a larger, more widespread population that flourished during the last glacial period. More details about this hike will be available at BOW.



Lost Maples Hike Spring 2016

Want to hike a great park, but have trouble finding ladies as eager to “get out there” as you are?

Get ready to bid for one of 8 spots on the Spring 2016 BOW Lost Maples Hike, and join other ladies just like you, spending a day in the backcountry of one of Texas’ most beautiful State Parks!

Auction for a place on the hike will be held during the Saturday night program. The top 8 bidders win!

*After covering the park entry fee for the day of the hike,
all monies raised go to support BOW!*

The date for the trip will be decided by the ladies interested in bidding. We will meet in the dining hall Friday night right after dinner to vote on your preferences for the date, ask questions, and see who else may be going with you. You don’t have to attend this meeting to bid on Saturday night, just if you want to vote your date preferences.

Who: Anyone who is taking Backpacking Basics at the Spring 2016 BOW or has taken it at a previous BOW

Where: Lost Maples State Park, Vanderpool, TX
We will hike a portion of the East Trail, all of the West Trail and Mystic Canyon, and then hit The Apple Store for some well-deserved good food!

Every Fall, people come from all over the nation to see the foliage color in Lost Maples SNA, and most of them flock to the East Trail to do it. What they seem to be missing, is that a portion of the East Trail trail is ALIVE with color in the Spring! The hot pink of the Redbud trees and Buckeyes, the hot yellow of the Elm leaves, the scarlet of the Poison Ivy, and the lime green of the lichen on the trailside rocks are absolutely gorgeous! And that’s just on the first leg of our hike! Then we will hike the length of Mystic Canyon, which is more like a long grotto than a canyon. Then the terrain and eco-system will change yet again, as we hike through the grassland savannah area of the park.

At the end of the hike, everyone who is interested will stop at The Apple Store in Medina, Texas on their way home. Median is the Apple Capitol of Texas, and The Apple Store has great-tasting apple-inspired food: apple pie, apple turnovers, apple cookies, apple strudel, apple ice cream, apple coffee – you get the idea! They also have a grill and offer great burgers on a sweet home-made bun.

When: To be determined by potential bidders Friday night at BOW; Choices will be a Saturday in April or May 2016, but our best park color will be seen in April.

What: Since you have taken, or will take the Backpacking Basics class, these are some good options to help extend your Lost Maples experience:

- 1) Reserve a campsite at one of the Primitive (Hike-in) Campsites. Area C is at The Ponds, and we will be hiking through this area on the first leg of our hike. You can meet us at the trail-head or we will pick you up on our way through! 6 people are allowed per site, so some of the other ladies might want to join you, if you want some company.
- 2) Reserve a campsite at one of the Campsites with Water and Electricity (car-camping & RV) Campsites. This area is near the park headquarters. 8 people are allowed per site.

TENNEY CREEK OUTFITTERS

McMahan, TX

Tenney Creek Outfitters is proud to donate to the participants of BOW two fully guided archery Whitetail Doe hunts. Each hunter will have the opportunity to shoot doe's during this two day hunt. There are numerous options to hunt from ground blinds, tree-stands, tripods, and even stalk if the opportunity presents itself. TCO has made a name for itself specializing in guided upland game bird hunting, as well as Turkey and waterfowl hunting. With the opportunity to hunt doe's strictly during the archery season in Caldwell County, this hunt will be during the allowed dates (October).

Package details:

- Two day fully guided archery hunt
- Two Whitetail Doe's
- Transportation to and from blind
- Aid in cleaning and preparing animal for travel

Package does not include:

- Meals
- Lodging (Nearest lodging is Lake Falling Star RV Resort. **RV Hookups and small cabins**)
- Hunting equipment (Bows, arrows, camouflage, etc.)

Facebook Page : <https://www.facebook.com/TenneyCreekOutfitters/>

Donated by Jack & Loray Chamberlain, Owners/Operators



SPRING 2016

Friends of Texas BOW

Friends of Texas BOW is an all-volunteer 501c3 organization that supports BOW by raising funds to purchase equipment and supplies so all participants and instructors have the best possible experience at BOW.



ARE YOU A MEMBER? If not, you will have an opportunity to join us at BOW. Look for the membership table set up near the silent auction. We can accept cash, check or credit card payments for your membership dues.

SILENT AUCTION: Our major fundraiser is the silent auction held at each BOW. There are two ways you can support this auction:

1. Donate an item for the silent auction. In the past we've had books, paintings, jewelry, clothing, camping/hiking/fishing supplies, etc. Quality handmade articles are also popular. Your donations are greatly appreciated.
2. Visit the silent auction! It's a good place to find unique gifts for Mother's Day and upcoming birthdays.

S'MORES BY THE CAMPFIRE: As long as there is no burn ban, we will gather around the campfire on Friday and Saturday evenings. Plan to join us for fellowship and s'mores. This is a great way to meet new friends!

BOARD MEMBER ELECTIONS: If you are already a member, you should have received an email in January explaining how to nominate yourself for the board of directors. The election will be held online in March and the new board will be introduced at BOW.

RECENT PURCHASES: Just a few weeks prior to the fall BOW we were able to purchase a set of training guns for use in the intro to firearms class. We also purchased two Beretta shotguns—a 20 gauge and a 12 gauge. Also debuting at the fall BOW were two new bicycles. Be sure to peek inside the BOW trailer. With funding from the Friends group, several instructors remodeled the interior with shelving so that the equipment can be stored and transported without damage.

THANK YOU!!!! Several people and organizations donated to the goodie bags in November and we love them for it! Sarah Padgett, Stephanie Gurley, Lisa Dempsey, Cabela's, Mountain Sports, and the Texas State Rifle Association to name a few.

FACEBOOK: We have lots of friends on Facebook! Are you one of them? If not, be sure to check us out: <https://www.facebook.com/friendsoftxbow>

Looking forward to meeting everyone at Concan!

Board of Directors, Friends of Texas BOW

*Melissa Brown
Sharon Hayes
Susan Kalich
Vicki LaTour*

*Nancy Reese
Lynn Smith
Cynthia Williams*



REGISTRATION FORM

1

April 1–3, 2016 • Neal's Lodges

Only one person may register per form. Must be at least 18 years old to register.
Please photocopy for additional registrations.

Name: _____ Phone Number : (_____) _____

Address: _____ City: _____ State: _____ Zip: _____

E-mail Address: _____

Lodging will be in cabins – 2 beds per side, private bath, kitchenette with fridge, microwave, and coffee maker.

You may request up to 3 roommates: (1) _____ (2) _____ (3) _____

Cabin Preference: ☐ quiet rooms (early nights) ☐ lively rooms (late nights) ☐ no preference

Release my name and phone number for carpooling purposes. ☐ Do ☐ Do not

PAYMENT

<https://www.eventbrite.com/e/tpwd-becoming-an-outdoor-woman-workshop-april-2016-registration-20908668390>

\$225

+ tax on lodging

Meals, lodging,
equipment use and
instruction included

REGISTRATION to TPWD: 7 completed forms

- BOW Registration Form with Medical Info completed and signed (Doc. 1)
- Top 4 choices for Session I, II, III, IV with your name on top (Docs. 2-5)
- TPWD-BOW Release completed and signed (Doc. 6)
- Neal's Lodges Release completed and signed (Doc. 7)

REGISTRATION IS BY EMAIL ONLY

Scan/Email these seven documents to Michelle Michaelis at
friendsofbowtx@yahoo.com

Signature Required

X

Once your reservation has been processed, you are responsible for paying for the entire booking. If you decide to leave early or to cancel a night off of your reservation, you are still responsible for paying for that night. There will be no refunds for this BOW weekend. If you must cancel, your spot will be offered to the next person on the waiting list. There will be no changes 7 days prior to BOW. Please contact: friendsofbowtx@yahoo.com

**YOUR PAYMENT confirms
your spot in the workshop.**

**YOUR REGISTRATION paperwork confirms your classes –
send in paperwork IMMEDIATELY after your payment.**

Medical Information

Date of Birth: _____

In case of emergency, contact: _____ Phone: (_____) _____

List all prescriptions and non-prescription medicines currently being taken: _____

List any allergies (food, medicines, insect stings, etc.): _____

Medical History: Circle any of the following conditions you currently have or ever had.

Asthma
Stroke

Back Surgery
Migraines

Heart Problems
Diabetes

Chronic Back Problems
Seizures

If diabetic, are you insulin dependent? _____ Yes _____ No

Do you wear contact lenses or glasses? _____ Yes _____ No

Have you had a tetanus immunization within the past two years? _____ Yes _____ No

Describe any physical conditions that will require special assistance during the workshop: _____

SESSION I Friday (1:30 p.m. to 5:00 p.m.)

Please rank your top four class choices (number 1, 2, 3, 4)

- | | | |
|--------------------------------------|-------------------------------|----------------------------|
| _____ Astronomy I – Basic | _____ Geology Basics | _____ Outdoor Photo Basics |
| _____ Basics of Bike Maint. & Repair | _____ Got Food? Will Travel! | _____ Plant I.D. |
| _____ Camping Basics | _____ Intro to Firearms | _____ Trailering Basics |
| _____ Disc Golf | _____ Kayaking Basics* | _____ Trapping |
| _____ Flyfishing Basics* | _____ Natural Fiber Basketry* | |
- Do you have your fishing license? __Y

* course has a prerequisite or special requirement

Astronomy I - Basic

Learn how to use different tools to navigate the night sky. This class will introduce you to our solar system: the sun, moon, planets, comets, meteor showers and some basic projects. Bring your binoculars if you have them.

Basics of Bike Maintenance and Repair

The class will cover bike parts and fit, basic maintenance and tools, safety and bike handling skills. All participants will learn to repair a punctured tire and other basic repairs. Mountain bikes and helmets will be provided, but participants are strongly encouraged to bring their own. This course is a prerequisite for anyone who wants to take "Mountain Bike Basics."

Camping Basics

We'll make you a "happy camper." Find out how much or little equipment it takes to keep you safe and sound on your adventures. We'll discuss Leave No Trace, shelter (tents), sleeping (bags/pads/cots), stoves and lighting of all varieties, trip planning, basic necessities and all the little comfort items new on the market. No matter what your experience level, you'll be certain to pick up new ideas from instructors and fellow participants and share your thoughts with others.

Disc Golf

In this class you will learn all about the rules, basic to advanced throws, required gear, information about the hundreds of courses in Texas and have a blast learning and playing! It's as easy as a walk in the park. This is an awesome, inexpensive activity you can easily learn, and take home to teach your whole family!

Flyfishing Basics*

Participants will learn the classic "four-part" cast and roll cast, as well as hooking, playing and landing fish using the "long rod." The class covers basic information on how to fish using a fly rod and how to select the right fly for freshwater and saltwater fishing. Bring rubber boots and your fishing license to wade along the (shallow) Frio River!

Geology Basics

This class is an introduction to geology for the casual observer or amateur enthusiast. Participants will learn about the geologic time scale and basic geologic principals, tools of the trade and other visual aids, as well as hands-on mineral and rock identification. Geology of state parks and roadside geology will also be covered, followed by light hiking around the grounds.

Got Food? Will Travel!

Real food. Real Simple. That says it all! We are offering a fun and interactive session with strategies on healthy eating – whether you are at home, the office, at camp or on the trail. Learn tips on how to stick with your food plan in all situations. Focusing on planning, prep and knowing that you are worth taking care of and making your health a priority while living a full and active life! You'll get to taste different vegetables, get storage and traveling tips and walk away with healthy recipes and shopping lists.

Intro to Firearms

This class will cover basic types of firearms, firearms safety and an introduction to selecting and purchasing firearms. This class will not include any actual shooting, but is a prerequisite for anyone who wants to take Shotgun Basics, Advanced Shotgun Basics, or Rifle & Pistol.

Kayaking Basics*

This class will focus on the basic techniques and equipment needed to begin kayaking. Participants will be able to take the kayaks on the water and practice what they have learned. **PARTICIPANTS NEED TO BRING:** neoprene wetsuit/farmer Jane, synthetic clothing (long pants and long sleeve shirt), fleece for warmth, rain gear (jacket and pants), hat or cap with brim, beanie for warmth, gloves, booties, sunglasses with strap, water bottle. There will be some clothing to borrow in various sizes.

Natural Fiber Basketry*

In this class we will weave a basket out of grapevine, jute, seagrass, raffia and reed. We will also discuss collection and dying of other weaving materials. When finished, you can take your basket home. Feel free to bring any special weaving materials that you might want to use to personalize your creation. Each student must bring \$5.00 cash to participate to cover supplies, payable to instructor. This is in addition to the regular BOW fees.

Outdoor Photography Basics

This class will cover basic operation of digital point-and-shoot and digital SLR cameras, basic composition, and very basic lighting. We will aspire to take wonderfully composed, in-focus images, including beautiful macro images (close-ups of flowers, small critters, etc) by the end of the class. We will be learning the appropriate settings to achieve a good macro shot. Participants should bring a camera and their camera manual. There will be an opportunity to go outdoors and practice taking pictures using your new skills. Previous photo classes have consistently requested more time outdoors. In order to have that time outside, we will have to stick to basics and a somewhat flexible timetable. This is a prerequisite for anyone who wants to take "Outdoor Photography – Intermediate."

Plant I.D.

Have you ever wondered about the plants around you? This basic class is designed to introduce you to the world of plants and to help you get started learning how to identify plants, especially wildflowers. Participants will learn how to look at plants differently to help identify them, how to select a field guide, and interesting facts and uses of plants. An easy hike is included to identify plants in the vicinity.

Trailering Basics

This class will cover how to properly hitch a trailer to a vehicle, safely maneuver around curbs and back a trailer into a parking spot. Come learn the tricks of the trade and practice in a supportive, judgment-free, no "No-The-Other-Way!" zone!

Trapping: It's Not Just for Mice!

Mice aren't the only animals to trap! This session will explore trapping as a means of pursuing fur-bearing animals such as raccoons, bobcats, coyotes and beaver. We'll look at legal means and methods of take, common trap types, discuss the use of attractants and talk about processing the catch. We'll go afield to scout for tracks and trails of area fur-bearing animals and discuss trap placement in relation to signs found. Participants will have the opportunity to practice setting a trap or two. Come get 'caught up' in the art of trapping!

SESSION II**Saturday (8:00 a.m. to 11:30 a.m.)****Please rank your top four class choices (number 1, 2, 3, 4)**

- | | | |
|---|---|---|
| _____ Archery Basics | _____ Flyfishing Basics*
Do you have your fishing license? __Y | _____ Nature's Art |
| _____ Astronomy II – Intermediate | _____ Intro to Firearms | _____ Outdoor Cooking* |
| _____ Basics of Bike Maint. and Repair | _____ Intro to Horses* | _____ Outdoor Photography – Intermediate*
Have you taken Outdoor Photo Basics? __Y |
| _____ Firearms Maint. & Cleaning | _____ Kayaking Basics* | _____ Outdoor Survival |
| _____ Fishing 101*
Do you have your fishing license? __Y | _____ Map and Compass Basics | _____ Shotgun Basics*
Have you taken Intro to Firearms? __Y |

* course has a prerequisite or special requirement

Archery Basics

Students will be exposed to a comprehensive overview of the sport. You will be taught how to safely use basic archery equipment, focusing on Olympic style target archery which includes proper stance, nocking an arrow, targeting, and release techniques. Students will learn the "11 Steps to Archery Success" that can be applied across all disciplines of archery. This is a fun, hands on experience that promotes archery as a healthy lifetime activity.

Astronomy II – Intermediate

This class will teach you why and how the night sky changes, solar and lunar eclipses, spring's seasonal constellations and their stories and finally some intermediate projects. Participants will be considered as having at least some basic experience and understanding of the night sky. Bring your binoculars if you have them.

Basics of Bike Maintenance and Repair

The class will cover bike parts and fit, basic maintenance and tools, safety and bike handling skills. All participants will learn to repair a punctured tire and other basic repairs. Mountain bikes and helmets will be provided, but participants are strongly encouraged to bring their own. This course is a prerequisite for anyone who wants to take "Mountain Bike Basics."

Firearms Maintenance & Cleaning

How often do I need to clean my firearm? How far do I need to break down my gun? What do I use and where? What do I do with my ammo? These are some of the common questions that arise when an individual purchases a gun. Join us as we learn to properly clean and maintain our different types of firearms.

Fishing 101*

Class is an introduction to the equipment and skills necessary for the novice to begin to enjoy fishing. Participants will learn about fish habitat, equipment selection, knot tying and casting. Learn the ABCs of fishing in both freshwater and saltwater. Students will learn about the different types of rods, reels, tackle, baits, species of fish you would likely encounter, habitat preferences, fish handling techniques AND the latest in fishing apparel. Be sure to enroll in the follow-up class "Now that You've Caught It." This class will be taught by Bill Balboa, retired TPWD Coastal Fisheries Biologist and current Matagorda County Marine Extension agent. **Participants must have a fishing license** to take this class.

Flyfishing Basics*

Participants will learn the classic "four-part" cast and roll cast, as well as hooking, playing and landing fish using the "long rod." The class covers basic informa-

tion on how to fish using a fly rod and how to select the right fly for freshwater and saltwater fishing. **Bring rubber boots and your fishing license** to wade along the (shallow) Frio River!

Intro to Firearms

This class will cover basic types of firearms, firearms safety and an introduction to selecting and purchasing firearms. This class will not include any actual shooting, but is a prerequisite for anyone who wants to take Shotgun Basics, Advanced Shotgun Basics, or Rifle & Pistol.

Intro to Horses*

This class will cover basic horsemanship, ground-work, and western riding. The riding portion teaches you turning, halting and basic gaits (walk-trot and lope based on ability level). Designed for beginner riders. Each student in this session must **bring \$45.00 to participate** to cover supplies and equipment use, payable upon arrival to BOW. This is in addition to the regular BOW fee.

Kayaking Basics*

This class will focus on the basic techniques and equipment needed to begin kayaking. Participants will be able to take the kayaks on the water and practice what they have learned. **PARTICIPANTS NEED TO BRING:** neoprene wetsuit/farmer Jane, synthetic clothing (long pants and long sleeve shirt), fleece for warmth, rain gear (jacket and pants), hat or cap with brim, beanie for warmth, gloves, booties, sunglasses with strap, water bottle. There will be some clothing to borrow in various sizes.

Map & Compass Basics

In today's world of electronics and gadgets, the skill of reading a map and using a compass can keep you out of trouble, get you out of trouble, or dramatically expand your adventure and survival options during any outdoor excursion. This class reveals the mystery of the compass as well as topographic and other maps leading to an understanding of route planning. Participants will practice each of these skills. All materials provided. If you have a compass or mystery map, please bring them. This is a prerequisite for anyone who wants to take "Map & Compass II – Land Navigation."

Nature's Art

Mother Nature is such a giving mom! Discover the natural artist in you as we shop in nature's art supply store. We will create fun, hands-on art projects made from natural and recycled materials. No art experience necessary ... just an open mind and a sense of humor that appreciates a very loose interpretation of "art"! Let's get messy together!

Outdoor Cooking*

Participants will learn the basics of outdoor cooking techniques including cast iron Dutch ovens, tin turtles in the campfire, cedar plank grilling and many other methods. Become comfortable with outdoor stove technology, old and new. Come hungry and be prepared to help make the meal – from hors d'oeuvres to desserts – and spend some time grazing! **Each student must bring \$10.00 cash** payable to the instructor. This is in addition to the regular BOW fees.

Outdoor Photography – Intermediate*

Prerequisite: Outdoor Photography Basics class offered by this instructor at the current or previous BOW workshop. This class picks up where the Basics class left off. We are going to concentrate on exposure for your outdoor images. We will work on understanding exposure and how the camera controls it; light and how it affects your subject; the difference between shutter speed and aperture and which is more important in given situations; whether or not to use flash; and more information on how to utilize your camera's ISO settings. Previous Intermediate classes have requested more time be spent on camera settings. We will spend time in class in order to get more acquainted with the necessary settings to achieve good exposure, but leave enough time for participants to go outdoors and practice. Please bring your camera and your camera manual. You are welcome to bring your laptop if you wish, but a computer and/or iPad will be available for the purpose of loading your photos and doing critiques.

Outdoor Survival

Any outdoor activity can quickly go from fun to an unpleasant or potentially dangerous situation. Your most important piece of gear is not a whiz-bang gadget – it's you. This class teaches preparing for the predictable and solving problems by either avoiding them or adapting your gear and knowledge to your predicament. Participants will learn to build shelters and survival kits, start fire, tie basic knots, procure water, recognize and respond to weather hazards and signal for help. Be prepared to get dirty and empowered!

Shotgun Basics*

This class will provide an overview of shotgun types, ammunition, uses and safety. Participants will have the opportunity to practice shotgun techniques with an emphasis on the use of a shotgun for hunting. Shotguns and ammunition will be provided. **Participants must have taken "Intro to Firearms" to take this class.**

SESSION III**Saturday (2:00 p.m. to 5:30 p.m.)****Please rank your top four class choices (number 1, 2, 3, 4)**

_____ Archery Basics

_____ Backpacking Basics

_____ Essential Oils

_____ Flyfishing II* - Advanced

Have you taken Flyfishing? __Y

Do you have your fishing license? __Y

_____ Geology Basics

_____ Intro to Horses*

_____ Map and Compass II – Land Nav.*

Have you taken Map & Compass Basics? __Y

_____ Mountain Bike Basics*

Have you taken Bike Maint.? __Y

_____ Now that You've Caught It*

_____ Outdoor Cooking*

_____ Plant I.D.

_____ Rifle and Pistol Basics*

Have you taken Intro to Firearms? __Y

_____ Shotgun Basics*

Have you taken Intro to Firearms? __Y

_____ Trailing Basics

_____ Western Big Game Hunting

* course has a prerequisite or special requirement

Archery Basics

Students will be exposed to a comprehensive overview of the sport. You will be taught how to safely use basic archery equipment, focusing on Olympic style target archery which includes proper stance, nocking an arrow, targeting, and release techniques. Students will learn the "11 Steps to Archery Success" that can be applied across all disciplines of archery. This is a fun, hands on experience that promotes archery as a healthy lifetime activity.

Backpacking Basics

Participants will learn about the different levels of backpacking, equipment and equipment selection. Clothing, cooking utensils, trail etiquette and places to go will be discussed. Examples of various types of backpacking equipment will be available for participants to examine.

Essential Oils – Nature's Medicine*

Learn how you can use, essential oils to improve your body's chemistry and natural defenses... take them on your outdoor travels to have a natural medicine cabinet with you. Essential oils are not only medicinal – they are relaxing and rejuvenating! Try out natural pure certified therapeutic grade oils. Revolutionize your health! **Each student must bring \$10.00 cash payable to the instructor.** This is in addition to the regular BOW fees.

Flyfishing II – Advanced*

This class will take the Flyfishing Basics to the next level. Students will learn to lengthen their cast by learning to shoot line. We will learn about mending our fly line on stream and why. Basic knots will be covered and more in-depth knowledge on different lines and why/where they are used. Students will learn to change the size of the fly line "loop" and why this is a valuable skill. **Participants must have taken "Flyfishing Basics" prior to this class. Bring rubber boots and your fishing license to wade along the (shallow) Frio River!**

Geology Basics

This class is an introduction to geology for the casual observer or amateur enthusiast. Participants will learn about the geologic time scale and basic geologic principals, tools of the trade and other visual aids, as well as hands-on mineral and rock identification. Geology of state parks and roadside geology will also be covered, followed by light hiking around the grounds.

Intro to Horses*

This class will cover basic horsemanship, groundwork, and western riding. The riding portion teaches you turning, halting and basic gaits (walk-trot and lope based on ability level). Designed for beginner riders. Each student in this session must **bring \$45.00 to participate** to cover supplies and equipment use, payable upon arrival to BOW. This is in addition to the regular BOW fee.

Map and Compass II – Land Navigation*

Map-and-compass skills can keep you out of trouble, get you out of trouble, or dramatically expand your adventure options during any outdoor excursion. This class expands your knowledge of topographic maps, compasses, the forms of navigation and route planning. Participants will then negotiate a cross-country course as a navigation "team." **Participants must have taken "Map and Compass Basics" at the spring 2014 or this BOW workshop to take this class.**

Mountain Bike Basics*

This class covers beginning techniques of mountain biking. Participants will learn basic mountain biking body position and skills. Mountain bikes and helmets will be provided, but participants are strongly encouraged to bring their own. **Participants must have taken "Basics of Bike Maintenance and Repair" prior to this class.**

Now That You've Caught It*

Learn how to prepare and fillet your catch for a variety of cooking techniques. Learn how to select fresh seafood at your local market if your day's fishing wasn't productive. Students will get "hands-on" experience learning to gut, fillet, skin and cook their catch. The class involves getting messy and eating afterwards. This class will be taught by Bill Balboa, retired TPWD Coastal Fisheries Biologist and current Matagorda County Marine Extension agent. Each student must **bring \$15.00 cash payable to the instructor**, to cover the fish used in the cleaning demonstrations. This is in addition to the regular BOW fees.

Outdoor Cooking*

Participants will learn the basics of outdoor cooking techniques including cast iron Dutch ovens, tin turtles in the campfire, cedar plank grilling and many other methods. Become comfortable with outdoor stove technology, old and new. Come hungry and be prepared to help make the meal –

from hors d'oeuvres to desserts – and spend some time grazing! **Each student must bring \$10.00 cash payable to the instructor.** This is in addition to the regular BOW fees.

Plant I.D.

Have you ever wondered about the plants around you? This basic class is designed to introduce you to the world of plants and to help you get started learning how to identify plants, especially wildflowers. Participants will learn how to look at plants differently to help identify them, how to select a field guide, and interesting facts and uses of plants. An easy hike is included to identify plants in the vicinity.

Rifle and Pistol Basics*

Different types of rifles and pistols, their uses and other equipment needs will be discussed during the first part of the class. Participants will have the opportunity to practice shooting different firearms. Equipment and ammunition will be provided. **Participants must have taken "Intro to Firearms" to take this class.**

Shotgun Basics*

This class will provide an overview of shotgun types, ammunition, uses and safety. Participants will have the opportunity to practice shotgun techniques with an emphasis on the use of a shotgun for hunting. Shotguns and ammunition will be provided. **Participants must have taken "Intro to Firearms" to take this class.**

Trailing Basics

This class will cover how to properly hitch a trailer to a vehicle, safely maneuver around curbs and back a trailer into a parking spot. Come learn the tricks of the trade and practice in a supportive, judgment-free, no "No-The-Other-Way!" zone!

Western Big Game Hunting

Call in the wily bull elk! Learn tricks to take mule deer and pronghorn antelope. Hunt the Western mountains of New Mexico, Colorado, Wyoming or Arizona! Course covers habits, habitats, preparation, hunting techniques, and laws/application processes for out-of-state hunters and how to hunt each of these three main Western big game species.

SESSION IV Sunday (8:30 a.m. to noon)

Please rank your top four class choices (number 1, 2, 3, 4)

_____ Advanced Shotgun Basics*
Have you taken Intro to Firearms
AND Shotgun Basics? __Y

_____ Archery II – Advanced
Have you taken Archery Basics? __Y
Will you bring your own bow? __Y

_____ Disc Golf

_____ Flytying

_____ Game Calling

_____ Geology Advanced

_____ Got Food? Will Travel!

_____ Here's Your Sign

_____ Intro to Birdwatching

_____ Intro to Hunting and Hunter Ed.*

_____ Kayak Basics*

_____ Natural Fiber Basketry*

_____ Wildlife 101

* course has a prerequisite or special requirement

Advanced Shotgun Basics*

Participants will be taught the basics of shotgun safety and technique. Sporting clays is a rapidly growing shooting sport designed to simulate true hunting conditions. **Participants must have taken "Intro to Firearms AND Shotgun Basics" prior to this class.**

Archery II – Advanced*

The next step in Archery. Learn how to tune your own bow, set your nock point, and adjust your sight. We will fine tune your form and discuss what it takes to extend your shooting distance. This is a course for those who already shoot archery but want to hone their skills, or learn to tune their equipment. Or how about moving past that 20-yard mark and experiencing field archery? Our goal is to provide you with straight forward explanations of archery techniques so you can advance your skills beyond the beginning archery phase. **Participants should bring their own equipment to get the most out of this course.** We will also have some bows available. Come prepared to shoot, shoot, and shoot some more! Some archery knowledge and basic skills are beneficial prior to taking this class.

Disc Golf

In this class you will learn all about the rules, basic to advanced throws, required gear, information about the hundreds of courses in Texas and have a blast learning and playing! It's as easy as a walk in the park. This is an awesome, inexpensive activity you can easily learn, and take home to teach your whole family!

Flytying

This class will teach participants the basics of the flytying art. Fly types and their uses will be discussed and demonstrated, including nymphs, dry flies, wet flies and streamers. Participants will get to "try their hand" at tying flies, which they will be able to take with them.

Game Calling

Want to "talk to the animals" like Dr. Doolittle? Participants will learn techniques for calling in varmints (hogs, coyotes, bobcats, foxes), turkey, waterfowl, deer and elk and even non-game animals. Each participant will receive her very own call and learn how to set up for the hunt, wildlife photography or simply to watch animals from close range. Call types, outdoor safety, camouflage, blinds, animal behaviors and responses are topics that will be included in this outdoor, hands-on session. And, you can drive your family and friends crazy!

Geology Advanced*

This is an applied geology class for the amateur enthusiast. Participants will learn how to identify local rocks and geologic features, and make geologic maps to use in the field. Following a short lecture and exercises in map making, participants will apply enhanced geologic knowledge during a hike around the grounds. Course material will be adapted to workshop location and will focus on local geology. **Participants must have taken "Geology Basics" at this or a previous BOW workshop to take this class. Light hiking shoes recommended.**

Got Food? Will Travel!

Real food. Real Simple. **That says it all!** We are offering a fun and interactive session with strategies on healthy eating – whether you are at home, the office, at camp or on the trail. **Learn tips on how to stick with your food plan in all situations.** Focusing on planning, prep and knowing that you are worth taking care of and making your health a priority while living a full and active life! You'll get to taste different vegetables, get storage and traveling tips and walk away with healthy recipes and shopping lists.

Here's Your Sign

Participants will be taken on an excursion to learn the basics of reading signs left by area wildlife.

Intro to Birdwatching

Participants will be taken on a Birdwatching hike. Bird identification, life histories, habitat requirements, techniques, tips and places to go Birdwatching will be covered. Wear comfortable walking or hiking shoes. You may bring your own binoculars if you have them.

Intro to Hunting & Hunter Education Certification*

Participants will be introduced to techniques used in hunting, which include equipment, calls, tracking, species identification, habitats and rules and regulations. Hunting opportunities will be explored. Participants must wear walking or hiking shoes. Each student must **bring \$15.00 cash** to obtain their Hunter Education Certification, payable to instructor. This is in addition to the regular BOW fees.

Kayaking Basics*

This class will focus on the basic techniques and equipment needed to begin kayaking. Participants will be able to take the kayaks on the water and practice what they have learned. **PARTICIPANTS NEED TO BRING:** neoprene wetsuit/farmer Jane, synthetic clothing (long pants and long sleeve shirt), fleece for warmth, rain gear (jacket and pants), hat or cap with brim, beanie for warmth, gloves, booties, sunglasses with strap, water bottle. There will be some clothing to borrow in various sizes.

Natural Fiber Basketry*

In this class we will weave a basket out of grapevine, jute, seagrass, raffia and reed. We will also discuss collection and dying of other weaving materials. When finished, you can take your basket home. Feel free to bring any special weaving materials that you might want to use to personalize your creation. Each student must **bring \$5.00 cash** to participate to cover supplies, payable to instructor. This is in addition to the regular BOW fees.

Wildlife 101

Did you know that nearly three-fourths of the bird species found in the United States have been identified in Texas? Or that over 140 species of mammals and reptiles also call this great state home? If you are an Outdoors-Woman in Texas, you will cross paths with wildlife. Come learn about (and meet) some of the more common wildlife species found in Texas (as well as a few uncommon ones). Find out how you can attract them and bring a touch of nature to your home!



TEXAS PARKS AND WILDLIFE DEPARTMENT
BECOMING AN OUTDOORS-WOMAN WORKSHOP
RELEASE & ACKNOWLEDGEMENT

Release made this _____ day of _____, 20____ by

_____, whose address is
(Name)

_____,
(Street, etc.)

_____, Texas _____
(City) (Zip)

In consideration of the permission by Texas Parks and Wildlife Department granted to the above named individual to participate in a Texas Outdoor Woman Workshop activity at Neal's Lodges in Concan, Texas.

I hereby release and discharge Texas Parks and Wildlife Department (TPWD), its agents, employees and officers from all claims, actions, demands and judgments which I, the undersigned, may have or claim to have against TPWD or its successors for all personal injuries, known or unknown, and injuries to property, caused by or arising out of the above described activity.

I authorize any photos or videos taken of me during this or any future TPWD-sponsored workshops or related activities to be used for newsletters or other publications seeking such for use in promoting or informing the public about women in the outdoors.

I authorize any photos or videos taken of me by the Friends of BOW, during this or any future TPWD BOW workshop, to be used for newsletters or other publications promoting the program.

I, the undersigned, have read this release and acknowledgement and understand the terms herein. I execute it voluntarily and with full knowledge of its significance.

In witness hereof, I execute this document on the day and year shown above.

(Signature)

GUESTS LIABILITY AND INDEMNIFICATION AGREEMENT

_____ (hereinafter referred to as GUEST) GUEST has been given permission to come upon the : Neal Ranch, Neals Camp and Pecan Bottom located in Uvalde County, Texas (hereinafter referred to as the Owners' Premises) operated by Corriente Investments, LLC. DBA Neals, Neals Lodges, Inc., Neals Ranch LLC (hereinafter referred to as "OWNER")

GUEST acknowledges and understands that no warranty, either express or implied, is made by the OWNER as to the condition of the Owner's Premises.

This document is to warn GUEST that dangerous conditions and hazards do exist on the owner's premises that can result in injury or property damage to the person/persons involved in these activities. These conditions, risks and hazards, including but not limited to: poisonous snakes, insects and spiders, erosion and general condition of the land, both on and off roadways creating rough driving and walking conditions, animals both wild and domestic that may be potentially dangerous, deep water, rope swings, water slide and potentially persons with firearms on premises. The many possibilities and sources of injury are acknowledged by GUEST. I hereby state that I expressly assume all such dangers, risks and hazards.

In consideration for the right to enter the premises, I hereby release and agree to protect, indemnify and hold harmless the Owner and his or her respective heirs, agents, employees and assigns from and against any and all claims, demands, causes of action and damages, including attorney's fees, resulting from any accident, incident, or occurrence arising out of, incidental to or in any way resulting from the use of the premises and all improvements thereon, whether or not caused by the Owner's negligence or gross negligence. I hereby further covenant and agree that I, my heirs, successors and assigns will not make claim or institute any suit or action at law or in equity against the Owners or his or her respective heirs, agents, representatives, employees, successors or assigns by reason of conditions of the premises or activities occurring thereon.

As used in this release, the terms include minors in my care while on premises. The guest who brings minors onto the Owner's premises assumes the responsibility for watching and caring for minor's safety and guarding against hazards at all times.

GUEST MUST READ THIS DOCUMENT AND UNDERSTAND IT. HE/SHE IS SIGNING IT FREELY AND VOLUNTARILY.

DATE _____ EMERGENCY NUMBER _____

Guest Name: _____ Guest Signature _____